



“Hi!

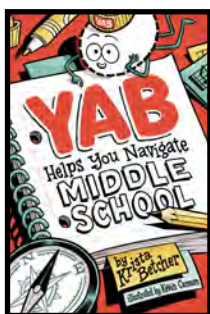
I’m YAB, and I’m here to help you to remember to:

Y: be yourself,

A: ask questions,

B: breathe!

Have fun in middle school!”



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